

# **Welcome to Sinai Sports Summer Camp 2024**

Sinai Sports Summer Camp 2024 is designed to provide enriching summer activities for children, ages 6-12, in a safe and comfortable environment. A trained and caring staff supervises all programs. Educational, recreational, and motivational activities geared to the interest of the participants are provided and may include a variety of activities within a focused theme each week.

## **PROGRAM OBJECTIVES**

- To provide an enriching experience for all participants
- To provide a wide variety of quality, recreational, motivational, and educational activities in a safe, healthy, and positive atmosphere
- Create positive staff-participant interaction, communication, and guidance
- Promote self-confidence and accomplishment through participation and completion of program activities

#### **ADMISSION POLICY**

• Admission to summer camp shall be granted without regard to race, sex, religion, ability, or natural origin. All enrollments are accepted on a first come, first serve basis until each camp is filled. Sinai does maintain waiting lists in the case of cancellations.

## **REGISTRATION**

 Children must be registered and paid in full before they can attend camp. Online registration must be completed, and all necessary paperwork (waivers, health forms, etc.) must be

completed and on file for each individual child attending a camp. Please notify camp coordinator of any changes in residence, telephone numbers, medications, and/or health issues as soon as possible.

## **FEE POLICY**

• Sinai Sports intends to provide the highest quality services at a reasonable cost to parents/guardians. Full payment is due online at the time of registration.

### **REFUND POLICY**

- If Sinai Sports is responsible for the cancellation of a program, camp or class, then a full refund will be issued to all registered participants.
- No refunds will be given after the start of the program session or class.
- All refund requests must be made in writing and received no less than 7 days prior to the first day of the class or program.
- After the seven (7) business day deadline, refunds may not be granted without a written medical excuse from a licensed physician.
- Requests must be received from, and refunds will be issued to, the individual who registered the participant.
- In extreme situations (camper is relocating or has an illness or becomes physically unable to continue with the program for which he/she is registered, death in the family) where a refund is requested for services that have been paid in advance, the balance of the remaining value may be refunded after receipt of a written request.
- Behavior related dismissals might not be eligible for a refund.
- All requests for refunds will be forwarded to Sinai Sports management for final approval.

# SIGN IN/SIGN OUT PROCEDURES

- A daily attendance sheet is kept on all participants who attend the program. Upon arrival, each participant must be "signed in" by a parent/guardian each day.
- All parent/guardian must indicate the name of the individual who will be picking up.
- A staff member will take roll and make sure everyone is accounted for.
- If a parent/guardian needs to pick up a child for a scheduled appointment, the parent/guardian will need to send a note and check in at the facility upon arrival.
- If your child will not attend camp on a particular day for an appointment, please send a note and remind the staff the day before if possible.
- If a child will be absent, please call the camp to inform the staff, with an approximate date for the child to return.
- Upon dismissal, each participant must be "signed out" by a parent/guardian on the daily attendance sheet

## **ALTERNATIVE PICK-UP POLICY**

• In the event that someone else must pick up your child, staff must be properly notified.

- In order for someone else to pick up your child, that persons' name must be written in the designated space on the daily attendance sheet and signed by the parent/guardian.
- Parent/Guardians may notify staff by calling the Sinai Sports office or by sending a
  note with the child. IF staff is not notified prior to checkout, the child will not be
  allowed to leave camp until staff has communicated with parent/guardian. Please
  note this procedure is imperative for the safety and security of the child.
- The person picking up your child must show a photo ID, preferably a driver's license.
- Sinai Sports' sign-out policy is unwavering. **ONLY** persons that have previously been approved will be permitted to sign for children.

## LUNCHTIME

• Sinai Sports does **NOT** provide lunch to campers. Parents must provide campers with a lunch that does not require refrigeration or heating.

## **HEALTH REQUIREMENTS**

- Parents/guardians have a responsibility to monitor the daily health and physical condition of their child to determine the child's ability to actively participate in the program.
- If the child has a fever, is experiencing nausea, headaches, intestinal/stomach problems, infectious conditions, head lice, strep throat, or is ill, it is imperative that he or she stay home for the day and return when they are feeling better.
- When a child shows signs of illness while at camp, the parent/guardian (or other emergency contact) will be notified, and they must pick up the child immediately
- All minor scrapes and scratches will be treated and reported to parent/guardian at the end of the day.

# **HEALTH & SAFETY PLAN**

- Each camp will be limited to 40 participants
- Campers may be split into smaller groups with dedicated staff, when appropriate
- Non-campers will have limited access to entering gym area ALL visitors must check in at front desk
- Multiple hand sanitizer stations will be available throughout the facility
- Campers and staff will be encouraged to wash and/or sanitize hands frequently throughout the day
- All campers and staff are asked NOT to enter the building if they are not feeling well

## **VISITATION AND COMMUNICATION**

- Parents/guardians are welcome to visit our camps any time.
- Parents/guardians must report to the front desk before entering any area where the children may be occupying at that time.
- Feedback is essential to programs, please share your thoughts with the camp director or a member of the management team.

## **CLOTHING AND PERSONAL BELONGINGS**

Please label all personal belongings. Participants should be dressed in appropriate clothing for the program. Closed-toe shoes (preferably sneakers) should be worn.
 Campers should also bring sunscreen, & water. Sinai Sports is <u>NOT</u> responsible for lost, stolen or damaged items. Parents should take caution when leaving valuable items.
 Campers will be asked to leave all electronics in their cubby for the entirety of the day.
 Parents can contact their children by calling Sinai Sports.

#### **MEDICATION POLICY**

- All medication should be administered at home whenever possible. If it is necessary
  for a camper to take a prescribed medication during program hours, a medical
  authorization form must be completed in full by a physician outlining specific
  instructions and signed by the parent or guardian. In most cases, the camper, as per
  the physician's statement, will administer all medications under adult supervision.
- If a child has any allergies (food, medications, etc.), please advise staff in writing immediately.
- Sinai Sports will not knowingly allow anyone to take either prescription or over the counter medication during program hours without the parent and/or physician's authorization.
- After receiving the appropriate authorizations, the camp coordinator will store the medication in a secured area that is accessible only to authorized personnel.
- Parents/guardians are expected to hand deliver medication to the camp coordinator.
- No over-the-counter drugs or medicines will be provided by Sinai Sports. (i.e. Tylenol, Benadryl, or cough medicines).
- Medication must be in its original pharmaceutical container and labeled with the child's name, medication dosage, and schedule.
- Parents should not provide more medication than is necessary. If the parent does send more than the specific quantity and does not collect the unused medication within one week after the camp has ended, Sinai Sports will destroy the unused medication.

- A complete written and signed request from the parent/guardian must be on file prior to the administering of any medication (over the counter or otherwise).
- All measuring utensils used for administering medications must be labeled with the child's name and brought in with the medication.
- Pills may not be broken in half by Sinai Sports or its staff. All half dosages need to be split prior to giving the medication to the camp coordinator.
- Parent/guardians must submit a new authorization whenever there is a change in dosage or medication or a change in the conditions under which the child is to take the medication.

### **SITE EMERGENCIES**

- If a major or life-threatening injury or accident occurs during scheduled camp hours, it will be handled in the following manner:
  - i. 911 will be called immediately.
  - ii. The parent/guardian will be notified.
  - iii. Based on the professional decision of the EMT unit, the child may be transported to the nearest medical facility for immediate care or the EMT may advise the parent/guardian or Sinai Sports staff as to how to treat or care for the child.
- All camps have staff trained in CPR and First Aid/AED
- In the event of an emergency or natural disaster, the following procedures will be in effect:
- o Children will remain on site until an authorized person picks them up o In the event of a site evacuation, children will be taken to a local emergency shelter. The location will be posted on the site door. Efforts will be made to contact parents/guardians should evacuation be necessary; and

Program staff will remain with the children until an authorized person arrives.

## PARTICIPANT BEHAVIOR MANAGEMENT POLICY

In order to maintain a friendly, fun, and safe environment in our summer program, we have adopted the following policies regarding behavior management of campers. These policies ensure that each camper will achieve the most positive experience possible. The following are basic guidelines and are not all inclusive.

### **Participants WILL:**

- Show respect and consideration for other participants and staff
- Exhibit proper manners

- Respect equipment, supplies, and facilities
- Communicate positively with other participants and with staff
- Respect belongings of others
- Listen and follow instructions from staff
- Participate in activities

# Participants will NOT:

- Use violence, force, intimidation, or other negative behavior
- Use inappropriate language or name calling
- Destroy equipment, supplies or property
- Bring inappropriate items to the program (weapons, etc.)

## **BEHAVIORAL CONCERNS**

- Sinai wants to provide a fun, and safe place for all participants and must hold all campers accountable for any behavior that threatens this. If a participant behaves in a way that violates Sinai's Sports Code of Conduct the parent may be notified either in person at the end of the day, or immediately by phone depending on the severity of the participants behavior. Sinai holds the right to remove any camper from camp if the participant has received warnings or behaves in a way that requires automatic removal. Sinai staff will use open communication, and discretion in all behavioral concerns. Examples of interventions staff/and or directors may use include verbal warnings, breaks from activities, phone call to parent/guardians, and potentially removal from the camp.
  - iv. All warnings and interventions will be documented
- The consequence of misbehavior depends on its severity and will be handled according to Sinai Sports Code of Conduct by the camp coordinator and upper management.

## **CONCLUSION**

• Sinai summer camp staff, directors, and the management team thank you for enrolling your child(ren) in our Summer Camp program. Thank you!